



KEY									
PR - Parent Request		HG - Help Given		NI - Nurse's Initials					
	PR	HG	NI	DATE		PR	HG	NI	DATE
INTRO TO MOTHER-BABY					BABY CARE				
hand washing					bath/cord care				
flow sheets					stools/urine				
visitors					positioning				
no smoking policy					crying/comfort				
classes/videos available					infant states/cues				
GENERAL					jaundice/TSB screen				
diet					newborn screen				
exercise/rest					sick baby/temperature				
return of menses					rashes				
BREASTS					check up				
nipple care					BABY-BREASTFEEDING				
engorgement					milk production/ejection				
sore nipples					latching-on				
breast infection					feeding positions (mom/baby)				
PERINEAL AREA					feeding frequency				
peri - care/sitz bath					hand expression/pump				
involution/lochia					storage of milk				
afterpains					assessing milk supply				
hemorrhoids					assessing infant intake				
CESAREAN BIRTH					BABY-FORMULA FEEDING				
before surgery					for formula feeding see				
after surgery - comfort					formula feeding resource				
after surgery - infant care					BABY AT HOME				
after surgery - incision care					siblings				
ADJUSTMENT TO PARENTHOOD					developmental milestones				
relations - infant					immunizations				
relations - spouse/partner					home safety/safe sleep				
relations - family/friends					car seats				
intercourse/family planning					post natal resources				
feelings/fatigue					PREMATURE BABY/SICK BABY				
return to work					incubator				
ADJUSTMENT TO SINGLE PARENTHOOD					feeding – breast/bottle/tube				
relations - infant					I/V				
relations - partner/family					developmental milestones				
adoption					going home				
finding help					TWINS/MULTIPLES				
GOING HOME – MOTHER AND BABY					managing infant care				
return visit to Primary Care Provider					developmental milestones				
contacting PHN					breastfeeding				
applicable local agencies					help/support				
INITIALS	SIGNATURE /STATUS/PRINT NAME				INITIALS	SIGNATURE /STATUS/PRINT NAME			

