

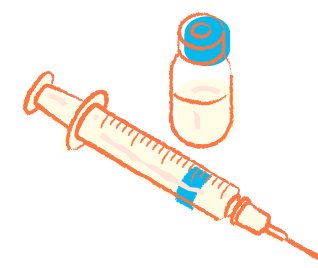
Three

Intrapartum education points to Establish Support in the Unknown



1

Opioids for Acute Pain



Opioids for acute pain are **SAFE** and **RECOMMENDED** during labour and birth.

- Some pregnant persons need **INCREASED** dosages of opioids for acute pain
 - Due to hyperalgesia and/or tolerance to opioids



2

History of Trauma

It is important for healthcare providers to have conversations about the pregnant person's history and experience of trauma.

- labour and birth can be triggering - especially for those who have a history of sexual abuse.
- Open dialogue early in pregnancy and then revisiting it in the early intrapartum period can help to establish a trauma-informed approach to care.

3

Daily Dose (Including Split Doses)

The pregnant person's prescribed opioid agonist therapy medication is **NOT** an effective method for pain control.

- The daily dose should still be taken
 - This dose of opioids will mitigate the risk of withdrawal and relapse
- Additional opioids are needed to address **ACUTE** pain

