Continuum of Care for Pregnant Individuals Prescribed OAT

Screening



All pregnant persons should be screened for substance use during pregnancy.

If your patient screens positive for opioid use disorder, we recommend following the below care path for the antepartum period.













Detailed Health Intake

- Substance use history
- Social determinants of health
- Hepatitis C, HIV other transmissible disease exploration
- Exploration of comorbidities

Foundational Screening

- Dating/viability ultrasound
- Recommended prenatal investigations
- Additional investigations as clinically indicated, including transmissible diseases
- Counselling for screening for fetal aneuploidy

Education (examples):

- Effect of maternal physiology on OAT dose requirements
- Hospital of delivery
- Discussion of neonatal care responsibilities
- Harm reduction: Take home Naloxone Kits
- · Discharge planning and continuity of care

Early Consultations:

- Obstetrical Care Provider
- Community OAT Provider
- Social Work
- Pharmacist
- Anesthesia
- Newborn Care Provider Babysteps Program
- · More consultations outlined on page 70+

Special Considerations

- Consultation as needed with an obstetrical care provider who has experience in OAT management in pregnancy
- Counselling

01

First Trimester

- Dating/viability ultrasound
- Early Pregnancy Review for selected indications
- Nutrition Considerations
- Antiemetics
- Discussion of access to transportation. childcare, financial support, etc.
- Discussion of the care plan for the duration of the perinatal continuum.

02

Second Trimester

- Screening anatomy ultrasound
- Ongoing collaborative care with the full care team
- Discussion of the care plan across the perinatal continuum
- Discussion of newborn care

03

Third Trimester

- Plan for birth (including support from family)
- Growth ultrasound at 32-34 weeks, unless earlier concerns
- BPP Weekly after 36 weeks
- Repeat Hepatitis C viral load as indicated
- Induction of labour/cesarean section for obstetrical indications
- Postpartum care plan (i.e. passes and discussing family support and NOWS)