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How to administer Rho(D) Immune Globulin (WinRho®SDF *Liquid*) to Rh negative women for prevention of Rh isoimmunization during pregnancy or for related conditions.

Background

WinRho®SDF *Liquid* can be administered either intravenously or intramuscularly. Either route is effective provided that the product is properly administered directly into either the muscle or vein. The product volumes are small:

Vial Size	Target Fill Volume
600 IU (120 µg)	0.5 mL
1,500 IU (300 µg)	1.3 mL

The final liquid product formulation is stabilized with 10% maltose and 0.03% (w/w) polysorbate 80. As per manufacture recommendation: withdraw the entire content of the vial to ensure correct dosage.

Practice considerations

Intravenous administration of **WinRho®SDF *Liquid*** is a competency for which nurses require special education and confirmation of their skills. Please check with your institution and read the product insert. For more information refer to the website www.winrho.ca.

Please note:

1. WinRho is a **blood product** and shall be maintained at temperatures of 2-8˚C.
2. The product must **NOT** be frozen.
3. Bring to body temperature just prior to use.
4. If the product has not been used and the seal is intact, it shall be returned to a blood bank approved refrigerator *within 30 minutes.*
5. Once drawn into a syringe, it must be maintained at room temperature and administered within 4 hours.
6. Do not use if expired.
7. Informed consent is required for **blood products** and shall be obtained by a physician, nurse practitioner or midwife prior to administration. This consent is valid for the remainder of the pregnancy and postpartum period.
8. Always verify Rh (D-antigen) negative status and recent antibody screen (within two weeks) prior to administration of WinRho.
9. ***Intramuscular* administration considerations:**
   Administer using the appropriate needle directly into either the **deltoid, vastus lateralis, or ventrogluteal muscle. The *dorsogluteal muscle*** should ***not*** be used.

Rationale: 1. Studies have shown that the placement of the sciatic nerve varies from one person to another, and 2. it may be difficult to ensure that the product has reached this muscle; **WinRho®SDF *Liquid*** cannot be properly absorbed if it does not enter *either* the muscle *or* the bloodstream.
NOTE: The deltoid muscle is only suitable for volumes up to 2.0 ml.

10. ***Intravenous*** **administration considerations:**
    a) Intravenous administration *when an existing intravenous line is in place:*
    - Ensure intravenous patency
    - Clamp off i.v. tubing just above lowest port, and using aseptic technique enter lowest port to flush with normal saline both *before* and *after* administering **WinRho®SDF *Liquid.***

    Rationale: WinRho®SDF is **only** known to be compatible with normal saline. Therefore, when this product is administered by intravenous bolus route into an already existing intravenous line, **it is necessary to flush the line prior to and post blood product administration with an adequate amount of 0.9% normal saline** to ensure that the dose of WinRho®SDF has been completely administered to the patient.

    b) Intravenous administration *without* an intravenous line in place:
    As stated above under "Practice considerations", intravenous administration of **WinRho®SDF *Liquid*** is a competency for which nurses require special education and confirmation of their skills. Please check with your institution and read the product insert. For more information refer to the website www.winrho.ca.

11. If required: blood sample for antibody screen needs to be obtained ***prior to*** administration of WinRho.
12. Explain procedure to patient.
13. Patient should be observed for adverse reactions: 15 - 30 minutes post-administration of WinRho. Please follow hospital policy for appropriate actions in the event of adverse reactions.
14. If the ***Liquid*** product is not available, you may be supplied with the ***lyphylized*** product which must be mixed with the supplied vial of normal saline prior to administration. ***Please read the product insert carefully so that you do not confuse this product with the Liquid formulation and prepare/administer accordingly by either intravenous or intramuscular routes.***

References

1. Perry & Potter. *Clinical Nursing Skills & Techniques*. Elsevier Mosby. 8th edition, 2014
2. WinRho®SDF *Liquid* Product Insert (monograph)
3. Nova Scotia Immunization Manual, March 2016

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