



Weight Times in Perinatal Health

October 2 & 3, 2014

Common Room - Atlantica Hotel, Halifax

Symposium - Agenda

THURSDAY, October 2nd, 2014

6:15 pm - 7:00 pm		Registration & Reception Donations gratefully accepted for Feed Nova Scotia
7:00 pm - 7:30 pm	Dr. Anthony Armson	
	<i>Pregnancy-related excess maternal weight: Current knowledge and future directions</i>	
7:30 pm - 8:00 pm	Lynn Langille	
	<i>Looking at obesity through a health equity lens</i>	
8:00 pm - 8:30 pm	Opportunity for questions and discussion	

FRIDAY, October 3rd, 2014

7:30 am - 8:15 am		Registration & Reception Donations gratefully accepted for Feed Nova Scotia
8:15 am - 8:30 am	Dr. Krista Jangaard	
	<i>Welcome</i>	
8:30 am - 8:45 am	Dr. Robert Strang	
	<i>Opening Remarks</i>	
8:45 am - 9:30 am	Dr. Sara Kirk	
	<i>The Wicked Problem of obesity: current progress and future directions for prevention (and management)</i>	
9:30 am - 10:15 am	Dr. Christy Woolcott	
	<i>Pregnancy-related weight in Nova Scotia, 2003-2013</i>	
10:15 am - 10:45 am	Nutrition and stretch break	
10:45 am - 11:30 am	Meaghan Sim, Dr. Sara Kirk, & Dr. Megan Aston	
	<i>When mothering doesn't "measure up" - breastfeeding in the context of excess maternal weight</i>	
11:30 am - 12:15 pm	Dr. Krista Jangaard	
	<i>"Weight and See" - Impacts of maternal overweight and obesity on neonatal and childhood outcomes</i>	

12:15 pm - 1:15 pm	Lunch and stretch break	
1:15 pm - 2:15 pm	Dr. Michael Vallis & Dr. Helena Piccinini-Vallis	
	<i>A Patient-Centered Minimal Intervention Method for Addressing Gestational Weight Gain'</i>	
2:15 pm - 2:45 pm	Lynn Langille	
	<i>What does Participatory Food Costing in NS tell us?</i>	
2:45 pm - 3:00 pm	Stretch break	
3:00 pm - 4:00 pm	Panel Discussion	Connecting to your Community
	<i>Panel Members: Jennifer Hamm & Cathie Walsh; Lorraine (Lori) Edith Paul; and JoAnna LaTulippe Rochon</i>	
4:00 pm - 4:15 pm	Dr. Frank Atherton	
	<i>Reflections on the day</i>	
4:15 pm - 4:30 pm	Rebecca Attenborough	
	<i>Closing Remarks</i>	