

NEWBORN ADMISSION/DISCHARGE

(Including stillbirths)

Initial Assessm	ientá			Á
General Appearance	ce:Á			Á
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$\tilde{O}^{A} \cdot d\tilde{A} = A_{A}^{A} + A_{A}^{A}$				CEJ*æèkkÁ oFÁ ´´´Á oÍÁ ´´´´Á oF€´´´´Á □ÁÜ^•••&ãaæaã)}Á
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Exam:	<37 weeks (Pretern	n) ≥37 weeks (Term	1)	$\Box A \tilde{S} \tilde{c} \tilde{c} \tilde{c} (\tilde{c}, \tilde{c}, \tilde{c}, \tilde{c})) = A \tilde{S} \tilde{c} \tilde{c} \tilde{c} \tilde{c} \tilde{c} \tilde{c} \tilde{c} c$
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A brief examination should occur within the first few minutes of life to:

- Assess for signs of successful transition to the extra-uterine environment
- Determine sex
- Identify significant congenital anomalies
- Reassure parents

Án the healthy baby this examination should be undertaken while the baby maintains 'skin to skin' with the mother.

Every newborn baby should receive a comprehensive physical examination within 24h of birth. **If the baby is unwell or premature, this examination may be staged as clinically indicated**. If baby is preterm use the New Ballard Score for maturation assessment of gestational age. Findings should be documented and the results discussed with parents. A follow up comprehensive examination is recommended within the first 7-10 days of birth. All parents are contacted within 1-3 days of discharge to determine ongoing needs/supports required.

Components of the Comprehensive Newborn Physical Exam:

General Appearance

- Skin color
- State of Alertness
- Activity
- Range and symmetry of spontaneous movement
- Posture
- Muscle Tone

Growth Status

- Weight and Length
- Head Circumference

Skin

- Colour
- Texture
- Integrity
- Anomalies

Head

- Shape and symmetry
 - Scalp
 - Caput
 - Cephalohematoma
 - Anterior and posterior fontanels Sutures
 - Sutures

Face

- Symmetry of structure, features and movement
- Eyes

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- Size and structure
- Position in relation to the nasal bridge
- Red Reflex
- Ears
- Position and structure
- Nose:
 - Position and symmetry of nares and septumPatency of nares bilaterally
- Mouth
 - Size
 - Symmetry of movement
 - Shape and structure lips, palate, tongue
- Jaw size

Neck

- Structure/Lymph nodes/Thyroid palpable
- Symmetry of movement
- Range of movement

Clavicles, Arms and Hands

- Length
- Proportion
- Symmetry
- Hand creases
- Structure and number of digits

Chest/Cardiorespiratory

- Chest
 - Chest size, shape, symmetry
 - Breast tissue
 - Number and position of nipples
 - Respiratory
 - Chest movement and effort with respiration
 - Breath sounds/Airway
 - Respiratory rate
 - Cardiac
 - Skin colour central/peripheral
 - Heart sounds
 - Heart rate
 - Heart rhythm
 - Pulse Oximetry
 - Pulses: brachial, femoral

Abdomen

- Shape and symmetry
- Major organs (liver and spleen, palpable, size)
- Umbilicus (number of vessels)

Genitourinary

- Has the baby passed urine?
- Inguinal hernia, Lymph nodes
- Genitalia: Male, female, ambiguous
 - Male: penis, foreskin, testes
 - Female: clitoris, labia, hymen

Anus

PositionPatency - Has the baby passed meconium?

Hips, Legs and Feet

- Use Ortolani and Barlow's maneuvers to assess hips for stability
- Legs and feet:
 - Length and proportion
 - Symmetry
 - Anomalies (e.g. club feet)
 - Structure and number of digits

Back

- Spinal column/Ribs
- Scapulae and buttocks for symmetry
- Skin (sacral dimple/sinus)

Neurologic

- Behavior
- Posture
- Muscle tone
- Movements
- Cry
 Reflexes: Babinski, grasp, moro, rooting, stepping, suck