# BREASTFEEDING RECORD

NOVA SCOTIA

## KEY

| | | | | |
|---|---|---|---|---|
| **Infant State** | **A** - Awake/Quiet | **C** - Crying | **F** - Fussy | **S** - Sleepy |
| **Nipples** | **NP** - No Problem | **B** - Blister | **C** - Crack | |
| **Describe Feeding** | **G** - Good | **F** - Fair | **P** - Poor | |
| **Stool** | **M** - Meconium | **G** - Green | **Y** - Yellow | |

| Date & Time | Breast | | | | | | Urine | Stool | Initials | Date & Time | Breast | | | | | | Urine | Stool | Initials |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Infant State | Latch OK ✓ | Side L | Side R | Nipples | Describe Feeding | ✓ | M G Y | | | Infant State | Latch OK ✓ | Side L | Side R | Nipples | Describe Feeding | ✓ | M G Y | |
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**MOTHER'S NOTES**

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| | Infant State | Latch OK ✓ | Side L | Side R | Nipples | Describe Feeding | ✓ | M G Y | | | Infant State | Latch OK ✓ | Side L | Side R | Nipples | Describe Feeding | ✓ | M G Y | |
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**MOTHER'S NOTES**